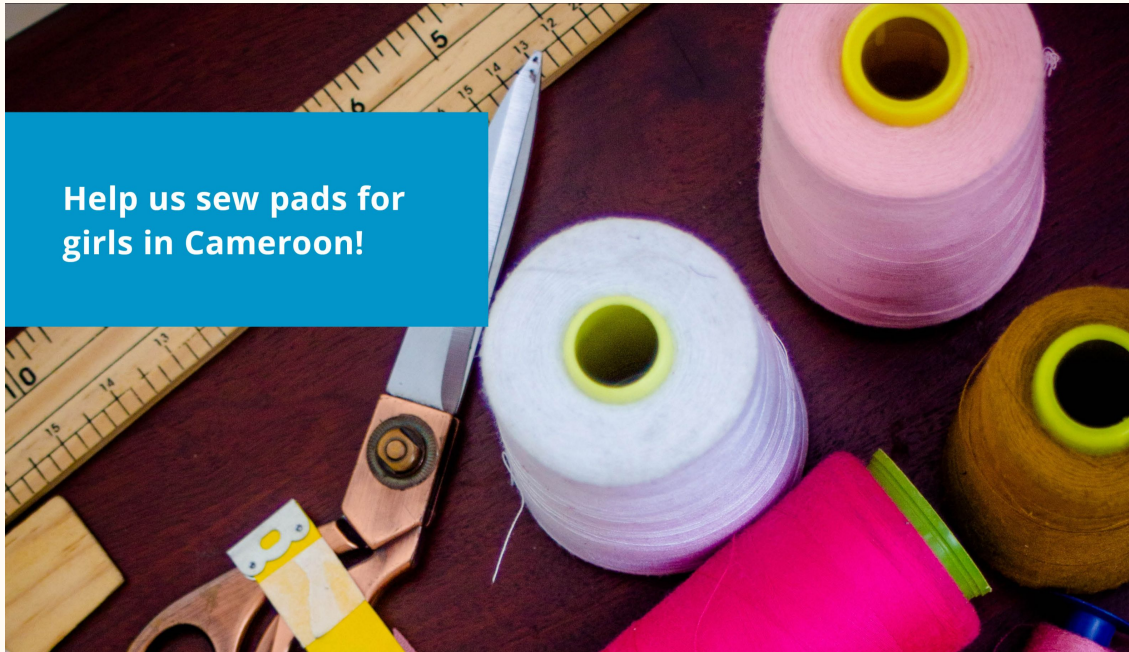


[View this email in your browser](#)



Help us sew pads for girls in Cameroon!

## Social Sewing: Join us to sew reusable pads

Volunteers have been busy this summer sewing reusable menstrual pads from the comfort of their own homes. Thanks to them, we now have 100 menstrual pads towards our goal of 500 by the end of Fall 2023.

But we still need to sew 400 in the next few months, so if you are a self-confessed sewing aficionado and would like to spend time with other hobbyists, join us at one of our group sewing events on either **Friday 22 September** (9:00-11:30am) or **Saturday 4 November** (9:00-11:30am)

[Sign Up](#)

## Winter Gear Pop-Up

From **Monday 11 September** to **Thursday 5 October** we will be collecting winter clothing items. If you have gently loved coats, sweaters, scarves etc. then please follow the link below to donate.

[Donate](#)



## Online Coffee Talk

Join us on **Monday 25 September** (3:00-4:00pm) to learn more about Zharity, what we do and how you can get involved.

[Sign Up](#)



## Hof Narr Farm Day

There's still time to sign up for our service morning at Hof Narr Farm on **Saturday 23 September** and learn about TransFARMation. For more details, click below.

[Join Us](#)



## Volunteer Callout

We're looking for some new team members to support us on a regular basis, including volunteer drivers and legal support. Check out the full list of opportunities on our website.

[Opportunities](#)



## In other news...

*Highlights from our Blog*

### Meet the Volunteer: Rebecca

In the last 12 months, we have had many wonderful new volunteers join us and we would like to introduce you to them... [read more](#)

### Zharity Supports Hoftage

Saturday 9 and Sunday 10 September are Hoftage in Switzerland - days where different sanctuaries in Switzerland open their doors to the community... [read more](#)



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